![eIntegrity healthcare e-learning]

Fetal Monitoring – *eFM*

Award-winning online cardiotocograph (CTG) training for obstetricians and midwives

- **Covers all aspects of intrapartum electronic fetal monitoring**

- **Features highly engaging content, with interactive case studies and real fetal heart traces**

- **Developed by the Royal College of Obstetricians and Gynaecologists (RCOG), the Royal College of Midwives (RCM) and Health Education England e-Learning for Healthcare**

eFM equips obstetricians and midwives with the knowledge and skills to interpret cardiotocographs (CTGs) correctly, thus minimising medical and legal risks.

The programme, which is suitable for both trainees and fully qualified practitioners, features:

- knowledge-based, interactive learning sessions

- self-assessment questions

- case studies that allow you to interpret a CTG recording

- a comprehensive e-library

Using a high-quality UK training package enables you to keep your skills up to date.

You can access *eFM* via the Internet, so you can study in the workplace, at home or even on the move.

key features at a glance

- **Multidisciplinary learning**
  eFM is a multidisciplinary resource for both obstetricians and midwives. Using this tool, you can improve your interpretation of CTGs and subsequent clinical management.

- **Real-life case studies**
  The programme includes case studies and interactive exercises with CTG traces from real labours. So, you can test your knowledge and gain valuable feedback on your performance.

- **Quality assurance**
  Both the RCOG and the RCM support the use of *eFM* in clinical training and in ongoing professional development programmes. So, *eFM* meets the highest quality standards.

- **Supports recertification**
  Evidence of completion can contribute towards continuing professional development and assist in revalidation and recertification of healthcare professionals.

In partnership with:

Royal College of Obstetricians & Gynaecologists

THE ROYAL COLLEGE OF MIDWIVES

NHS
Health Education England

Interactive exercises

eFM includes comprehensive knowledge sessions on themes such as fetal heart rate issues, fetal hypoxia, normal and abnormal traces, multiple pregnancies and breech births.

There are also interactive case studies with CTG traces from real labours and the associated clinical notes. You can test your knowledge by answering questions about the results and advising on appropriate management, if needed. This allows you to practise your CTG interpretation skills as if you were in a real-life situation.

The outcome is provided at the end of each scenario, giving you feedback on your performance.

A comprehensive e-library

The extensive e-library includes:

• clinical guidelines from the UK's National Institute for Health and Care Excellence (NICE), the RCOG and the RCM

• Cochrane reviews

• articles from the International Federation of Gynecology and Obstetrics, and various professional journals

Certificates of completion

As you learn, you can track your progress online. Certificates can be printed or downloaded for your training or continuing professional development portfolio.

This high-quality programme, which has won a UK e-learning award for innovation, is setting the standard for the training of obstetricians and midwives.

PURCHASE NOW

"eFM is an additional resource to help supplement doctors' knowledge about the use of electronic fetal monitoring in obstetric care.

It is essential that maternity professionals know how to interpret CTG readings so that timely care can be offered.

I would encourage all my labour ward colleagues to complete eFM."

Dr David Richmond
President, Royal College of Obstetricians and Gynaecologists

course content

eFM is organised into four learning paths. Sample sessions are available on the website.

Level 1 – Pathophysiology; Normal Fetal Heart Rate Pattern

Level 2 – Risk Factors for Fetal Hypoxia

Level 3 – Pathophysiology; Complex Fetal Heart Rate Pattern

Level 4 – Complex Pregnancies

For each level, you can complete a series of interactive knowledge sessions and a dedicated assessment.

You must achieve a pass score of 80% for each assessment to unlock the next level's assessment session.

Real-life case studies
These case studies include CTG traces from real labours. So, you can practise your interpretation skills in the safety of a virtual environment.

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