

Healthy Child Programme 0–18

A suite of high-quality online learning resources for health visitors, nurses, doctors and other practitioners



- **Multidisciplinary learning** that covers all aspects of child and adolescent health
- **Highly engaging content** with photographs, questions and case studies
- **Developed in the UK by the Royal College of Paediatrics and Child Health**, various partner organisations and Health Education England e-Learning for Healthcare

The Healthy Child Programme 0–18 series offers essential learning resources for all health professionals who work with children and young people.

The series is arranged into three distinct programmes:

- *Healthy Child Programme (0–5)*
- *Healthy School Child Programme (5–12)*
- *Adolescent Health Programme (12–18)*

The content has been written and peer-reviewed by leading national and international experts in child health.

You can access the programme online and study anywhere, at any time.

key features at a glance

- **Multi-professional use**
This programme covers health promotion and common health issues from infancy to adulthood. It is ideal for health visitors, nurses, general and family practitioners, paediatricians and the wider child health team.
- **Engaging content**
Interactive features, such as videos, case studies and questions, help to create an engaging learning experience and foster deeper understanding on key themes.
- **Real-life case studies**
Case studies provide insights into realistic scenarios, which can be applied in everyday practice.
- **Individual or group study**
You can use this programme for individual, self-paced learning. It is also an invaluable resource for trainers to use in group teaching sessions.
- **Accessible 24/7**
The *Healthy Child Programme* is available via the Internet. So, you can study in the workplace, at home or on the move.

In partnership with:



Expert learning resources

The series is mapped to the UK Department of Health's own Healthy Child Programme. However, the themes are applicable to healthcare professionals globally.

You can explore an extremely broad range of topics, including development and behaviour, growth and nutrition, mental health, and communicating with young people.

The learning content is packed with interactive features, such as videos and questions, to help stimulate thinking and embed learning. Self-assessment exercises enable you to check your understanding on key topics. There are also links to further reading resources.

Targeted learning

You can select modules that are relevant to your areas of interest. Progress can be tracked and recorded online as evidence of your continuing professional development.

This programme is ideal for self-paced learning, either as a refresher on key topics or before a consultation. It complements traditional approaches, such as face-to-face training and textbook learning.

Flexible learning

The *Healthy Child Programme* enables you to study in your own time and at your own pace – equipping you with the knowledge to deliver the highest levels of care to children and young people.

“This high-quality resource has been developed by leading child health experts in the UK. Accessible online, it is an ideal learning resource for busy healthcare professionals.”

Lisa Bayliss-Pratt, Director of Nursing, Health Education England

PURCHASE NOW

course content

Healthy Child

- Communication and inter-professional working
- Family health
- Safeguarding
- Positive parenting and parenting issues
- Development and behaviour
- Speech, language and communication needs
- Growth and nutrition
- Immunisation
- Health promotion
- Screening
- The health visitor model of practice

Healthy School Child

- 21st Century school health
- Healthy Child Programme in primary schools
- Key child public health and mental health issues
- The child with additional needs
- Longstanding illness or disability
- Common developmental and health issues
- Other problems and issues

Adolescent Health

- Introduction to health and illness
- Healthy development
- Legal framework
- Communication and consultation
- Health promotion and advocacy
- Chronic conditions and transition
- Concordance/adherence
- Youth friendly services
- Sexual and reproductive health
- Self-harm and mental health problems
- Substance use and misuse
- Overweight and underweight
- Common medical conditions

