

e-Learning for Pain Management

“... pain insists upon being attended to ...” C.S. Lewis, *The Problem of Pain*



- **Multidisciplinary programme** designed to improve the early diagnosis and safe management of acute, chronic and cancer pain
- **Essential training for all healthcare professionals**
- **Authored and endorsed in the UK by the Faculty of Pain Medicine of the Royal College of Anaesthetists and the British Pain Society**

Pain affects millions of people every day. It can impact on sufferers and their families in a range of ways, affecting both their physical and psychological health. So, effective and safe management of pain is a top priority for clinicians from all specialties.

The *e-Pain* programme helps you to improve your knowledge and clinical practice in pain management and ensure standardised, high-quality patient care.

It is aimed at healthcare professionals who are not pain specialists, but who care for patients suffering from acute, chronic and cancer pain.

key features at a glance

- **Comprehensive content**
e-Pain covers the physical, psychological and social aspects of pain and its management. The e-learning sessions are grouped into learning modules, supported by external resources and an e-library of relevant articles.
- **Interactive learning on the move**
The 30-minute sessions are engaging and interactive, featuring case studies, animations and self-assessment exercises. This programme is available online so you can study anywhere, at any time.
- **High-quality content**
e-Pain has been written by expert clinicians in pain management and related specialties. It is recognised for both training and continuing professional development.
- **Standardised learning**
Using this resource, all team members can learn from the same validated material and better understand each other's roles and contributions.
- **A multidisciplinary approach**
The multidisciplinary learning can be tailored to your training or professional development needs. You can select sessions of particular interest, depending on your role or specialty. Users include hospital doctors, medical students, nurses, paramedics, clinical psychologists and primary care practitioners.

In partnership with:



Meeting the need

Pain is universal. Acute pain may be short term – the result of illness or injury. For others, chronic pain is a way of life while pain in patients with cancer is very common. So, as a healthcare practitioner you have to develop a deep understanding of the impact of pain on patients and their families. And you also need to understand how to treat this multifaceted problem.

e-Pain focus

The *e-Pain* programme specifically helps you to:

- improve your recognition of unrelieved acute and chronic pain in all patient groups
- provide appropriate assessment of pain
- manage pain effectively
- ensure patient safety

Validated, multidisciplinary learning

The *e-Pain* curriculum was designed by the Faculty of Pain Medicine of the Royal College of Anaesthetists and the British Pain Society, which is the predominant multidisciplinary pain organisation in the UK. *e-Pain* provides standardised, high-quality content, meaning all practitioners learn from the same material. The programme authors are experts in the field of pain management or related disciplines.

Structured training

All *e-Pain* sessions are mapped to learning objectives. The content includes engaging formative self-assessment exercises to check and reinforce your knowledge and understanding.

Learning on the move

e-Pain is available online – so you can study at home, in the workplace or on

the move. It provides an interactive learning resource that is compatible with a busy professional life. You can study and revisit the material around your professional commitments, without having to take time out of the workplace.

PURCHASE NOW

“e-Pain is the perfect educational resource to help the whole multi-professional team develop their knowledge in pain management, whether they are on the path to specialisation or want to develop their knowledge about pain, the most common concern our patients have.”

Barry Miller, Dean of the Faculty of Pain Medicine of the Royal College of Anaesthetists

Course content

The course modules are divided into smaller learning sessions, each taking around 30 minutes to complete. Topics include:

- Introducing Pain Management
- Acute Pain (Management and Techniques)
- Pain as a Long-term Condition
- Treatment (Pharmacological and Non-pharmacological)
- Other Chronic Pain
 - Headache
 - Facial Pain
 - Pelvic Pain
 - Visceral Pain
 - Common Chronic Pain Conditions
 - Complex Regional Pain Syndrome
- Neuropathic Pain
- Paediatric Pain
- Special Populations
 - Pregnancy
 - Sickle Cell Disease
 - Drug Addiction
 - Older People
- Cancer Pain
- Basic Science

