

The Musculoskeletal e-Learning Programme

Equipping primary-care practitioners with vital knowledge and practical insights



- Suitable for doctors, physiotherapists, nurses and allied healthcare professionals
- Written in the UK by practising clinicians
- Highly interactive, with videos, case studies and questions

Musculoskeletal (MSK) conditions are the leading contributors to disability worldwide. Between one in three and one in five people live with a musculoskeletal pain condition – which can limit mobility, lead to depression and increase the risk of other chronic conditions¹.

In this climate, healthcare professionals need to understand how to identify and distinguish MSK issues from other medical problems and how best to support patients.

Available online, the Musculoskeletal e-Learning Programme is designed to meet this training need and ensure that all primary-care practitioners have a good understanding of MSK conditions.

1. World Health Organization

key features at a glance

- **Written by clinicians for clinicians**
The content has a practical focus. It has been written by nationally and internationally renowned clinicians who understand the day-to-day challenges in primary care.
- **Multi-professional use**
This e-learning is suitable for all primary-care practitioners – regardless of role or specialty. It can be used by trainees and fully qualified professionals.
- **Interactive and engaging**
You can access many interactive features, such as videos, case studies and self-assessment questions. This helps to put the learning in a

practical context and foster deeper understanding.

- **Real-life case studies**
Test your knowledge using patient case studies – helping to improve your understanding and confidence in a virtual clinical consultation.
- **Certificate of completion**
If you successfully pass the assessments with 80% or more, you can download or print a certificate of completion for your training or CPD portfolio.
- **Convenient online access**
You can study at home, in work or on the move – fitting the learning around your busy working life.

In partnership with:



You can complete eight bite-sized learning sessions – with each focusing on a specific clinical issue or topic. These sessions cover a very broad range of themes relating to MSK, including patient assessment, mental health issues, complex decision-making, persistent pain and prescribing. These topics have been specially selected following consultation with a wide range of healthcare professionals.

The comprehensive content has been written and reviewed by practising physiotherapists, allied healthcare practitioners and a GP trainer. As a result, the e-learning has a person-centred approach to the common issues associated with primary-care MSK management.

The programme is packed with case studies, diagrams, illustrations and videos to help your learning and understanding. It is regularly reviewed and updated to reflect evolving clinical practice and protocols.

Within each session, you can find links to further reading and other resources to help broaden your knowledge. Each session takes around 20 to 30 minutes to complete.

At the end of each session, you can test your knowledge with a self-assessment exercise, which is scored. If you achieve the pass mark (80%) across all assessments, you can download or print off a certification of completion.

The programme can be used as part of blended learning or as a standalone

resource. So, you can study online at your own pace, around your work commitments – without having to take time away from your clinical duties.

Whatever your role within primary care, the Musculoskeletal e-Learning Programme is an essential resource.

PURCHASE NOW

“As a GP with over 25 years’ experience and a special interest in musculoskeletal medicine, I can confidently assert that this is an excellent resource for clinicians working in this field.”

Dr David Morris, GP based in Cumbria, UK

course content

This course is arranged into eight sessions, which cover the following topics. You can take a look at a [sample session](#) online:

- What is primary care?
- Identification of the ill and at risk
- Mental health in primary care
- Complex decision-making managing patients with comorbidity
- Public health
- Persistent pain
- Overview of medicines and prescribing
- Serious pathology of the spine

