

The Mental Health e-Learning programme

Gain the knowledge and skills to support patients with mental health issues



- Written in the UK by a multidisciplinary team of clinical experts
- Highly interactive, with videos, case studies and questions
- Suitable for a wide range of health and social care professionals

Mental health issues are now a major cause of ill health and disability worldwide. In fact, one in four people will experience a mental health problem during their lifetime.*

People with poor physical health are more likely to experience mental health difficulties. Equally, people with poor mental health often have poor physical health.

Whether you're a doctor, nurse or other healthcare professional, you need the awareness and understanding to recognise when a patient is dealing with a mental health issue and know how to respond.

This high-quality online learning programme is designed to meet that training need.

* World Health Organization

key features at a glance

• Quality-assured content

The content has been written and peer-reviewed by UK clinical experts in partnership with Health Education England and leading professional bodies. So, it meets the highest quality and training standards.

• Multi-professional use

The e-learning is suitable for nurses, doctors, health visitors, healthcare assistants, midwives, care home workers and many allied professionals – offering a versatile resource for individuals or teams.

• Interactive and engaging

The content is presented in an easily

digested, engaging and practical way. Case studies and questions help to put the learning in a real-world context and foster deeper understanding.

• Certificated learning

Once completed successfully, you can download or print a certificate for your training or continuing professional development portfolio.

• Easy online access

Learn at your own pace – studying wherever and whenever you choose. Each session takes just 20 to 30 minutes to complete.

In partnership with:



Department
of Health



Royal College of
General Practitioners



Health Education England



Developed by Health Education England and various leading partner organisations, this programme has been written by subject-matter experts from the UK. It is arranged into two modules: the first on mental health awareness and a second module on the Mental Capacity Act.

You can select sessions suited to your role and interests, such as perinatal mental health or emergency medicine, or you can complete

the full programme. The highly interactive content includes case studies, animations and questions, to help embed learning and test your understanding.

The e-learning sessions can be 'paused' and restarted whenever you have a few spare minutes. You can track your progress online and download or print a certificate on successful completion of each module. This programme can be used for general reference, to fill in

knowledge gaps or to complement other learning.

Since the programme is available online, you can study at home, in work or on the move – fitting the learning around your busy working life and commitments.

This is an essential resource for all health and social care professionals.

PURCHASE NOW

course content

The programme is arranged into two modules, which are divided into bite-sized learning sessions. You can complete a [sample session](#) for free online.

Module 1:

Mental Health Awareness sessions

- General Mental Health Awareness for Healthcare Professionals
- Perinatal Mental Health
- Mental Health for Practice Nurses
- Mental Health in Emergency Medicine

These sessions are aimed at doctors, nurses and other allied healthcare professionals. No prior knowledge of psychiatry is needed.

Module 2:

The Mental Capacity Act

- The Mental Capacity Act (MCA) as part of Human Rights
- Assessing Mental Capacity
- Planning Ahead using the MCA
- Best Interests
- Restraint
- Deprivation of Liberty
- Relationship between the MCA and the Mental Health Act
- The MCA and Young People Aged 16 or 17
- Research Involving People who Lack Capacity
- The MCA and Adult Safeguarding
- Settling Disputes and Disagreements

