Around 130 million women and girls are living with female genital mutilation (FGM) worldwide, mostly in African countries*.

In the UK, FGM is increasingly identified amongst migrants from FGM-practising countries, and it is estimated to affect some 137,000 women.

The FGM e-learning programme deals with the issues posed by FGM at all stages of a girl or woman’s life. It is suitable for all healthcare professionals, including school and practice nurses, health visitors and general practitioners.

You can access this resource online – studying in the workplace, at home or even on the move.

*United Nations Children’s Fund (UNICEF)

### key features at a glance

- **Structured learning**
  
The programme provides structured learning on a wide range of FGM issues. It is divided into bite-sized e-learning sessions, with each one taking around 20 to 30 minutes to complete.

- **Multimedia features**
  
  You can access a range of dynamic features, such as videos, case studies and questions. This creates a highly engaging learning experience.

- **Quality assurance**
  
  The content has been written by renowned experts in the FGM field, in collaboration with leading professional bodies in the UK. It is updated regularly to reflect evolving practice and legislation.

- **A flexible training tool**
  
  You can use the FGM programme for self-directed learning but it is also an invaluable training aid for group discussions or tutorials.

- **Accessible 24/7**
  
  The FGM programme is available 24/7 via the Internet. So you can study anywhere, at any time.
The Female Genital Mutilation (FGM) programme features five 20- to 30-minute learning sessions. These are designed to improve your knowledge and awareness of the issues around FGM for women and children.

**Targeted learning**

The content explores a wide range of topics related to health, legal status and referral pathways. Sessions are knowledge based and provide practical information on the many challenges involved, such as how to approach a conversation about FGM with patients.

With this programme, you can use many interactive elements, including videos, illustrations, animations and images, which help to embed learning and understanding.

**Accessible anywhere, at any time**

You and other learners all have access to the same high-quality resources, which ensures consistent training across the healthcare sectors. Furthermore, you can train at your own pace, around your work commitments, without having to take time out of the workplace.

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**course content**

The curriculum is arranged into five modules, as outlined below:

### Introduction to Female Genital Mutilation (FGM)

- The different ways women and girls may be affected by FGM
- The four types of FGM according to the World Health Organization’s classification
- The legal status of FGM procedures in the UK and abroad
- How to refer a woman to FGM services
- What to do if you suspect a child may be at risk of FGM

### Communication Skills for FGM Consultations

- Initiate and conduct a sensitive consultation with a patient at risk of or who has undergone FGM
- Recognise a patient at risk of FGM
- Explain the cultural justifications for why FGM is done
- Consider and address your own feelings about FGM

### FGM: Issues, Presentation and Management in Children and Young Women

- Key safeguarding principles relevant to FGM
- The ways that FGM may present in girls
- The short and long-term physical and psychosocial complications of FGM
- Describe and apply the issue of FGM to a key public health model
- Referral pathways to specialist services, social care and/or the police

### FGM: Issues, Presentation and Management in Women and Around Pregnancy

- Each FGM classification type
- The short and long-term complications of FGM
- The management of antenatal, perinatal and postnatal issues
- How to carry out de-infibulation antenatally, during labour or in a non-pregnant woman
- The assessment and treatment provided to a woman with FGM

### Legal and Safeguarding Issues Regarding FGM in the UK

- Why FGM is a form of child abuse and violence that violates the human rights of women and children
- The law relating to FGM in the UK and its influence on the practice of health professionals
- Legal roles and responsibilities of healthcare professionals, police and social care relating to safeguarding children and vulnerable adults in the UK
- Where to get help and how to escalate concerns

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For more information, including licence fees, please visit: [www.eintegrity.org/fgm](http://www.eintegrity.org/fgm) or email us at: enquiries@eintegrity.org

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