The Deprivation of Liberty Safeguards (DoLS) are measures to protect people who lack the mental capacity to make decisions for themselves. The legislation came into effect in April 2009, based on the principles set out in the Mental Capacity Act (2005). It applies to people in care homes or hospitals in situations where they are being deprived of their liberty.

The e-learning for Deprivation of Liberty Safeguards was delivered by e-Learning for Healthcare (e-LfH) in partnership with the Royal College of Psychiatrists (RCPsych). Modules form part of the training provided by the Department of Health (DH) and the Royal College of Psychiatrists. The aim is to provide medical practitioners with the knowledge required in order to become a DoLS assessor.

The training is made up of 2 modules formed of 4 and 7 sessions respectively. Training is designed for 2 groups of medical practitioners:

- Medical practitioners from a variety of medical specialties who have at least 3 years post registration experience of the diagnosis or treatment of a mental disorder. These doctors need to complete both modules.
- MHA approved Section 12 doctors (psychiatrists and non-psychiatrists). These doctors only need to complete module 2 to be qualified as a DoLS assessor.

Sessions include case studies, information on the new legislation and an assessment to facilitate an engaging learning experience. Each session is designed to take around 20 minutes to complete. All content has been written by subject matter experts and has been subject to extensive peer review.
